



## Aug '19 Shopping List

We currently have shortages of the following items. Your help in meeting the needs of others is very much appreciated.

- Tinned Potatoes
- Instant mash
- Fruit Juice - UHT/long-life
- Milk - UHT/long-life
- Powdered/dried milk
- Cup-a-Soup
- Pasta sauce and cooking sauce
- Tinned Spaghetti
- Rice pudding
- Custard - ready made
- Sugar - 500g please if possible
- Treats - sweets, chocs, crisps etc
- Ketchup, brown sauce etc
- Washing powder/liquid (small)
- Shampoo
- Shower gel
- Deodorant, particularly for men
- Washing-up liquid
- Shaving foam
- Nappies - size 5 and above only

**Please note:** All donations are gratefully received, but we **DO NOT** currently need more:

tinned soup, baked beans, pasta, rice, baby food, biscuits, teabags, or bars of soap.

Thank you for joining us to help stop UK hunger! Your support makes a difference.

Medway Foodbank

info@medway.foodbank.org.uk

01634 757057

Registered Charity No: 1166505



## Aug '19 Shopping List

We currently have shortages of the following items. Your help in meeting the needs of others is very much appreciated.

- Tinned Potatoes
- Instant mash
- Fruit Juice - UHT/long-life
- Milk - UHT/long-life
- Powdered/dried milk
- Cup-a-Soup
- Pasta sauce and cooking sauce
- Tinned Spaghetti
- Rice pudding
- Custard - ready made
- Sugar - 500g please if possible
- Treats - sweets, chocs, crisps etc
- Ketchup, brown sauce etc
- Washing powder/liquid (small)
- Shampoo
- Shower gel
- Deodorant, particularly for men
- Washing-up liquid
- Shaving foam
- Nappies - size 5 and above only

**Please note:** All donations are gratefully received, but we **DO NOT** currently need more:

tinned soup, baked beans, pasta, rice, baby food, biscuits, teabags, or bars of soap.

Thank you for joining us to help stop UK hunger! Your support makes a difference.

Medway Foodbank

info@medway.foodbank.org.uk

01634 757057

Registered Charity No: 1166505



## Aug '19 Shopping List

We currently have shortages of the following items. Your help in meeting the needs of others is very much appreciated.

- Tinned Potatoes
- Instant mash
- Fruit Juice - UHT/long-life
- Milk - UHT/long-life
- Powdered/dried milk
- Cup-a-Soup
- Pasta sauce and cooking sauce
- Tinned Spaghetti
- Rice pudding
- Custard - ready made
- Sugar - 500g please if possible
- Treats - sweets, chocs, crisps etc
- Ketchup, brown sauce etc
- Washing powder/liquid (small)
- Shampoo
- Shower gel
- Deodorant, particularly for men
- Washing-up liquid
- Shaving foam
- Nappies - size 5 and above only

**Please note:** All donations are gratefully received, but we **DO NOT** currently need more:

tinned soup, baked beans, pasta, rice, baby food, biscuits, teabags, or bars of soap.

Thank you for joining us to help stop UK hunger! Your support makes a difference.

Medway Foodbank

info@medway.foodbank.org.uk

01634 757057

Registered Charity No: 1166505



## Aug '19 Shopping List

We currently have shortages of the following items. Your help in meeting the needs of others is very much appreciated.

- Tinned Potatoes
- Instant mash
- Fruit Juice - UHT/long-life
- Milk - UHT/long-life
- Powdered/dried milk
- Cup-a-Soup
- Pasta sauce and cooking sauce
- Tinned Spaghetti
- Rice pudding
- Custard - ready made
- Sugar - 500g please if possible
- Treats - sweets, chocs, crisps etc
- Ketchup, brown sauce etc
- Washing powder/liquid (small)
- Shampoo
- Shower gel
- Deodorant, particularly for men
- Washing-up liquid
- Shaving foam
- Nappies - size 5 and above only

**Please note:** All donations are gratefully received, but we **DO NOT** currently need more:

tinned soup, baked beans, pasta, rice, baby food, biscuits, teabags, or bars of soap.

Thank you for joining us to help stop UK hunger! Your support makes a difference.

Medway Foodbank

info@medway.foodbank.org.uk

01634 757057

Registered Charity No: 1166505

